

what is equip 2.0?

Equip 2.0 courses are an intentional set of classes designed to ground the believer in the Christian life. Courses cover a wide range of topics – from basic Bible knowledge to deeper theology, from prayer to interacting with those who believe differently than you. Our desire is that each course will empower you to love God, love others, and make Jesus known.

when?

Sundays from 9 am – 10 am.

where?

Various classrooms throughout the building, most of which are located on the lower level.

who?

Our usual kids and teen courses will be available (including nursery), in addition to the new adult (and teen!) courses listed in this brochure.

how does it work?

We create our courses with intention, the subjects and learning goals taken from our six core values:

Establish *believers in the faith*
Exalt *our Savior*
Empower *lives through prayer*
Extend *hope*
Engage *in grace-filled community*
Equip *believers for ministry (for more on these, visit eastbaycalvary.org/beliefs).*

Check out the self-guided Course Map handout to learn more about how we categorize courses and how you can set personal goals for learning!

September - November 2026 course descriptions

Core Course

Café

This foundational introduction to our church walks through our church's Discipleship Strategy. In connecting personal faith in Jesus to our shared walk with His people, we explain what we believe and why, why we do what we do, and how to get best connected with our church.

Old Testament Survey, Part 1

Room 113C

For everyone getting started with understanding the big picture of the Bible, this class introduces the storyline and major themes found from Genesis through 2 Samuel 7. The class will show how all Scripture finds its fulfillment in Jesus and looks forward to His coming!

God and the Bible

Room 113A

Lots of people say they believe in God – but what do they believe about that God? Lots of people approve of the Bible – but do they believe it, obey it, and trust it? This dive into God and the Bible teaches us what God reveals about Himself and why the Bible is our solid foundation for all of life.

Making Sense of Pain and Suffering

Room 201

Knowing that Suffering is common to every person, this class equips students to see some of God's purposes for suffering and to anchor our trust in God for times of suffering ahead. The course equips us to help others who suffer while avoiding common mistakes that short-circuit our efforts to help.

Singleness, Marriage, and the Family of God (For Ladies Only)

So often within the church, people are both intentionally and unintentionally divided based on marital status, which can lead to unintentional hurt and division. This class is going to take a look at God's design for both singleness and marriage, and how we can better relate to one another in a way that promotes community, understanding, and healing.

equip2.0

September - November 2026



course catalog

We have **5** courses this fall for Equip classes!
Find course descriptions for the current semester on the back!

what we did

JULY - AUGUST

ELECTIVES

Beginnning Guitar for Worship

Ken Bell & Tim Esckelson

Marriage

Pastor Reist & Yeng Vang

Phillipians

Phil Wielenga

Apologetics

Sam Kitchin

what we're doing

SEPTEMBER - NOVEMBER

BIBLE Room 113C

1

Old Testament Survey, Part 1 Pastor Reist

Old Testament, Part 2

THEOLOGY Room 113A

2

God and the Bible Ken Bowman & Terry Dickey

Humanity & Sin

SPIRITUAL FORMATION Room 201

3

Making Sense of Pain & Suffering Pastor Dale

Stewardship & Service

ELECTIVE Room 114B

4

Singleness, Marriage, and the Family of God (For Ladies Only) Leah Brown

Building Authentic Relationships

5

CORE COURSE Café

Join us for our Core Course with Pastor Kit! This **three-month course** takes place three times a year – in the spring (April-June), fall (September-November), and winter (January-March). Whether you're new, interested in becoming a member, or have been around for a long time but want a refresh on everything East Bay is about, come join us!