

# course catalog

We have **5** Equip Classes this current session!  
Find course descriptions for the current semester on the back!

## what we did

SEPTEMBER - NOVEMBER

**BIBLE**  
Room 113C

New Testament, Part 1  
Pastor Reist

**THEOLOGY**  
Room 201

Jesus & Salvation  
Phil Wielenga & Ken Bowman  
with Matt Bender

**SPIRITUAL  
FORMATION**  
Room 114A

Mentoring & Discipleship  
Terry Dickey

**ELECTIVE**  
Room 114B

Spiritual Formation in the Home  
Sarah Fishel & Jessica Marnett

**ELECTIVE**  
Cafe'

Ecclesiastes  
Pastor Dale

**5**

**CORE COURSE**  
Room 113A

## what we're doing

JANUARY - MARCH

**1**

New Testament, Part 2  
Pastor Reist

**2**

Holy Spirit, Church  
and Sanctification  
Phil W & Ken Bo

**3**

The After Party  
Jason & Kristin Julleret

**4**

Life Group Leader Training  
Yeng Vang & Judy Song

## what's next

APRIL - JUNE

Gospel in All of Scripture

End Times

Suffering

Journalism, Social Media,  
and Conspiracies

Singleness!

Join us for our Core Course with Pastor Kit! This **three-month course** takes place three times a year – in the spring (April-June), fall (September-November), and winter (January-March). Whether you're new, interested in becoming a member, or have been around for a long time but want a refresh on everything East Bay is about, come join us!

# what is equip 2.0?

Equip 2.0 courses are an intentional set of classes designed to ground the believer in the Christian life. Courses cover a wide range of topics – from basic Bible knowledge to deeper theology, from prayer to interacting with those who believe differently than you. Our desire is that each course will empower you to love God, love others, and make Jesus known.

## when?

Sundays from 9 am – 10 am.

## where?

Various classrooms throughout the building, most of which are located on the lower level.

## who?

Our usual kids and teen courses will be available (including nursery), in addition to the new adult (and teen!) courses listed in this brochure.

# how does it work?

We create our courses with intention, the subjects and learning goals taken from our six core values:

*Establish believers in the faith  
Exalt our Savior  
Empower lives through prayer  
Extend hope  
Engage in grace-filled community  
Equip believers for ministry (for more on these, visit [eastbaycalvary.org/beliefs](http://eastbaycalvary.org/beliefs)).*

Check out the self guided Course Map handout to learn more about how we categorize courses and how you can set personal goals for learning!

# January - March 2026 course descriptions

## New Testament, Part 2

*Room 113C*

This course will finish out our walk through the whole Bible! Join PR as we interact with the New Testament letters and their instructions for godly living, church order, and watchfulness against false teaching. We'll also walk through Revelation, a uniquely challenging and hope-filled book about what's yet to come.

## Holy Spirit, Church, & Sanctification

*Room 201*

Now that we're saved, what's next? Jump in with Ken and Phil to talk through what the church is meant to be, what God wants for us in it, and how the Holy Spirit equips us and guides us to grow to be more like Jesus.

## The After Party

*Room 114B*

The After Party is an on-the-ground, biblically based approach to navigating today's challenging political environment. We'll inventory our own political identities, consider the "how" vs. the "what" of politics, and explore what the Bible has to say about it all, so we can navigate these challenging topics in our own lives and within the community we lead.

## Life Group Leader Training

*Cafe'*

Are you looking for community? Are you willing to help people come together around Jesus? Yeng and Judy will bring excellent training material from InterVarsity to help you step into small group leadership, build a Bible study, facilitate great discussions, grow authentic community, and more!

## Core Course

*Room 113A*

If you want to know why our church does what it does the way it does it, jump into our Core Course! We'll explain the Gospel, introduce the mission and vision of the church, and lay out our Discipleship Strategy: our plan for growth in Christ that we hope every member and regular attender here will follow as we walk with Jesus together.

# equip2.0

January - March 2026

