

course catalog

find course descriptions for the current semester on the back!

what we did

JULY - AUGUST

ELECTIVES

Fear of Man
Pastor Reist

Caring for the Abortion-Vulnerable
Pastor Kit & Maddie Harcey

Navigating Your Finances God's Way
Sam & Margee Kitchin

what we're doing

SEPTEMBER - NOVEMBER

BIBLE
Room 113C

New Testament, Part 1
Pastor Reist

New Testament, Part 2

THEOLOGY
Room 201

Jesus & Salvation
Phil Wielenga & Ken Bowman
with Matt Bender

**Holy Spirit, Church
and Sanctification**

**SPIRITUAL
FORMATION**
Room 114A

Mentoring & Discipleship
Terry Dickey

Work and Leisure

ELECTIVE
Room 114B

Spiritual Formation in the Home
Sarah Fishel & Jessica Marnett

ELECTIVE
Room 113A

Ecclesiastes
Pastor Dale

and more!

CORE COURSE
Café

Join us for our Core Course with Pastor Kit! This **three-month course** takes place three times a year – in the spring (April-June), fall (September-November), and winter (January-March). Whether you're new, interested in becoming a member, or have been around for a long time but want a refresh on everything East Bay is about, come join us!

what is equip 2.0?

Equip 2.0 courses are an intentional set of classes designed to ground the believer in the Christian life. Courses cover a wide range of topics – from basic Bible knowledge to deeper theology, from prayer to interacting with those who believe differently than you. Our desire is that each course will empower you to love God, love others, and make Jesus known.

when?

Sundays from 9 am – 10 am.

where?

Various classrooms throughout the building, most of which are located on the lower level.

who?

Our usual kids and teen courses will be available (including nursery), in addition to the new adult (and teen!) courses listed in this brochure.

how does it work?

We create our courses with intention, the subjects and learning goals taken from our six core values:

Establish *believers in the faith*
Exalt *our Savior*
Empower *lives through prayer*
Extend *hope*
Engage *in grace-filled community*
Equip *believers for ministry (for more on these, visit eastbaycalvary.org/beliefs).*

Check out the self guided Course Map handout to learn more about how we categorize courses and how you can set personal goals for learning!

September - November 2025 course descriptions

New Testament, Part 1

Room 113C

This course walks through the four Gospels and several books of the New Testament to highlight unique purposes of and differences between each author's telling of the story of Jesus, the birth of the church and its spread, and the major contributions and themes of each letter.

Jesus & Salvation

Room 201

A practical view of the essence of who Jesus is, how He accomplished our salvation, and God's work and ours in salvation.

Mentoring & Discipleship

Room 114A

Students will learn how to move relationships intentionally into opportunities to grow under those more mature in the faith and to pour into and raise up those growing in faith. During this class, students will be expected to find and meet with a personal mentor and also to being a mentoring relationship with someone younger or newer in the faith.

Spiritual Formation in the Home

Room 114B

This class will introduce the Formational Home Pathway, which can be used to develop a culture of discipleship in your home. It also delves into the bigger conversations and planning that shape and guide daily discipleship rhythms, helping parents grow a robust and enduring faith in their children.

Ecclesiastes

Room 113A

The book of Ecclesiastes helps us navigate a world broken by sin. Solomon, the wisest man who ever lived, dives into meaning and futility, work and rest, where to be and where to avoid, and the seasons of life in this book's 12 chapters of wisdom.

equip2.0

September - November 2025

